



1/7/2025

To: Members of the CSDA Awards Committee

Re: Sal Squatrito Legislative Award Nomination – 2026

It is my honor and pleasure to nominate Senator Anwar for the Sal Squatrito Legislative Award for 2026.

Senator Anwar has been a long-standing and steadfast advocate for oral health initiatives in the State of Connecticut. In his role as Chairman of the Connecticut General Assembly's Public Health Committee, he has consistently demonstrated leadership in advancing public safety and improving access to care for Connecticut residents. Senator Anwar clearly understands the critical connection between oral health and overall health, and throughout his tenure he has provided thoughtful guidance and direction in shaping effective, evidence-based legislation.

Under Senator Anwar's leadership, Connecticut became the only state in the nation to preserve community water fluoridation through statute. Codifying fluoride levels in Connecticut law—rather than relying solely on federally determined standards—was a strategic and visionary legislative action that ensured long-term protection of this vital public health measure. This achievement is especially notable given the highly competitive legislative session in which more than 4,000 bills were introduced, with only 313 ultimately enacted.

In addition to this landmark accomplishment, Senator Anwar successfully shepherded four new laws supporting oral health care initiatives through the legislative process, further demonstrating his commitment to improving the health and well-being of Connecticut's citizens.

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For his unwavering advocacy, informed leadership, and meaningful legislative impact on oral health policy, I respectfully urge the committee to give Senator Anwar your strongest consideration for the Sal Squatrito Legislative Award.

**Respectfully submitted,
David Fried, DMD**

Chair CSDA CGA

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policies. I have mentored leaders into key roles, and developed a network of Dentists to work with state legislators on behalf of the "Tooth Party".

Over the past several years, I have gained an understanding of the issues which we face as Dentists and small business owners. I feel that I can adequately represent the Connecticut Dentists, and can help the CSDA maintain its stature in the ADA by encouraging our younger members to get more involved in our association. By being involved with our newest talent, the Dental students, I am able to bridge the generation gap of ideas. I am also one of those few Dentists that have experienced military Dentistry, solo private practice, group private practice, DSO practice and academia.

As many of you know, I am passionate about being a Dentist, and feel that it is very important for organized dentistry to be strong. For over 30 years, I have promoted the strength of staying engaged in our tripartite system. What we do as Dentists is a valuable commodity, which we have acquired through hard-work, perseverance, continuing education and financial commitments. We all studied intently through high school, college, and dental school, and we should not allow legislators or non-dentists to compromise our standards. Physicians have lost control of medicine to insurance companies and hospitals, yet we have managed to stay relatively strong. Loss of membership by organized professional medical associations has compromised their overall strength, and we need to learn from their situation. Our Dental Association needs to maintain its strong leadership and ensure that our younger members join and stay members of organized dentistry.

I feel that I have well-represented Connecticut in the past and hope to continue to participate in the progress we have achieved.

Respectfully Submitted,
David Fried, DMD

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December 29, 2025

My Name is David Fried, and I am announcing my candidacy for Delegate to the American Dental Association in 2025. I am currently representing CT and District 1 on the ADA Council for Dental Practice (CDP). I currently serve on the ADA Workforce subcommittee. In 2023-2024, I chaired the Practice and Policy subcommittee from the Council on Dental Practice. In 2021-2022, I represented that committee on the National Eldercare Advisory Committee (NECAC), and Dental Wellness Advisory Committee (DWAC). I serve as the liaison from the Council to the Dental Assistance National Board (DANB). During the ADA House of Delegates in 2021, I was asked to serve as the Chairman of the Committee on Rules and Order (CRO), a huge honor for me and for Connecticut. I am currently the Co-Chair of the CSDA Council on Government Relations.

I am a Past-President of the Connecticut State Dental Association, and have been a delegate or alternate for 8 years previously. I have forged strong relationships with leadership throughout the ADA Board, District 1 and across the country. In 2018, I was selected to serve as a member of the Reference Committee dealing with Insurance benefits, practice and related matters. I chaired the same reference committee at the New England District 1 Caucus. It was an eye-opening experience, which I feel gives me a unique benefit to serve our delegation, and to lead round-table discussions. I have served on many councils and committees at the CSDA, and am a volunteer clinical instructor at UCONN.

As Chair of Policy and Practice sub-committee for the ADA Council on Dental Practice, my committee spearheaded two very important policies that will change our practices. The first deals with workforce. We are looking at development of new training models and trying to invigorate the influx of assistants and hygienists into the workforce. As we look at this National problem, we realize that the solution is to develop local projects to immediately give relief to business owners. The other issue we are centering our focus on is the growing problem of sustainability. The amount of non-recyclable materials is creating mountains of refuse. The costs associated with packaging and infection control have spun out-of-control. My committee was charged with developing policies to change the direction of the pressures on Dental practices. Currently, the structure of this project has created a multi-council approach to problem solving, and I am a member of this important project.

Under my tenure as Co-Chair of the CSDA Council on Government Affairs, the CSDA has made incredible progress in the Legislature and Regulatory world. Our committee has been advocating for the Medical Loss Ratio (MLR), Joint Contract Negotiations (JCN), Fillers, Anesthesia, Medicaid, and other insurance reform

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International College of Dentists	Vice Regent District 1 (New England) 2023-2025
	Deputy Regent Connecticut 2021- 2023
	International College of Dentists Fellow 2019-present
Connecticut Mission Of Mercy	Oral Surgery Lead 2024-present
	Dentist Volunteer 2008-present
State of Connecticut	Office of Health Strategy Health Care Cabinet appointed 2025-2027
	UCONN School of Dental Medicine, Clinical Instructor, Reconstructive Sciences 2013-present
Academic Affiliations	Outreach Programs with Dental Students to Guatemala, Honduras and Maine. Week-long Service trips 2013 -present
Military Service	USAF General Dental Residency Bolling AFB 1986-87
	General Dentist Sicily Italy, Portsmouth NH 1987-1989
	Ct Army National Guard State Dental Surgeon, 1990-2008
	Retired Lt Col 2008 after 23 years combined service USAF and CTArNG
Affiliations	Conn. Study Club for Excellence in Dentistry 2005-2024 (Seattle Study Club)
	American Dental Association 1986-present
	Academy of General Dentistry 1986-2021
	International College of Dentists 2019- present
	Member Dental Policy Committee supporting concepts for Benecare 2020-present
	Advisor and Founder of Wallingford Adult Education Dental Assisting training program 2023-present
	DANB National Professional Workforce Model Committee 2024-present

David L. Fried, DMD

Expertise

All aspect of General Dentistry, including electronic and paper records, 3D and CAD/CAM technology, laser treatments. Organized Dentistry and resources available to Dentists relating to Health and Wellness. Training and appropriate clinical skills of Dentists and Dental Students.

Private Practice

David L Fried DMD, Yalesville, CT 1999-2020

Fantarella Dental Group, North Haven CT 2020-2024

Central Connecticut Dental Group, Plainville, CT Jan 2024-present

Provide all aspects of general dentistry including cad-cam and traditional crowns, restorative, periodontic, TMJ, endodontic, prosthodontic, implant and surgical care including laser and traditional methods.

American Dental Association

ADA Workforce Ambassador

ADA Council on Dental Practice 2021-2025

Chair ADA Council on Dental Practice Policy sub-committee 2023-2024

Member. ADA Workforce sub-committee

Member Dental Wellness Advisory Committee 2021-2024

Member National Eldercare Advisory Committee 2021 - 2023

House of Delegates 2016-present

Chair, House of Delegates Rules and Order Committee 2021

Member, House of Delegates Dental Benefits Reference Committee 2018

Key Contact to multiple members of Connecticut and Federal Legislatures

Connecticut State Dental Association

Co-Chair Council Government Affairs 2021-present

Past-President CSDA Board of Governors 2018

CSDA Council on Government Affairs 2005-present

CSDA Annual Scientific Sessions 2019-2023

CSDA Budget Committee 2016- 2021

CSDA Bylaws Committee 2019-present

CODPAC Chairman 2015-2016

Meriden Wallingford Cheshire Dental Association, Past President, Sec., Treasurer